

Manuel Torres-Sahli, PhD

Sociologist · PhD in Social Sciences · University lecturer and researcher

Santiago, Chile · mtorress@uandes.cl · mtorressahli@gmail.com

manueltorressahli.com · ORCID 0000-0003-1673-7325 · Google Scholar 604 citations, h = 8, i10 = 8 (August 2026)

PROFILE

Sociologist and PhD in Social Sciences from Loughborough University, postdoctoral researcher and lecturer in the Faculty of Social Sciences at Universidad de los Andes. I research with mixed methods: quantitative modelling of complex surveys, administrative and census data, and interpretive analysis of discourse, interviews and documents. I work on ageism, digital inclusion in later life, and artificial intelligence in education and research. I bring that research to professional audiences and to public debate.

RESEARCH LINES

Ageism and the discursive construction of old age

Doctoral line. Rhetorical analysis of the Chilean parliamentary debates on old age and older people, and of how political discourse constructs the identities of those it claims to serve. Developed in my doctoral thesis and in an article under peer review at *Journal of Aging Studies*.

Digital inclusion of older people, territory and wellbeing

Line under way with FAI funding. The relationship between local communication and social infrastructure and the wellbeing of older people in Chile. Work in progress in my postdoctoral project *Context Matters*, analysis of CASEN, EBS, SUBTEL, INE, SINIM and SENAMA, and an ongoing scoping review of the territorial and governance dimensions of digital inclusion.

Artificial intelligence in education and research

Emerging line. Curricular governance of generative AI use in the university, the formation of professional judgement, and the place of AI in research work in the social sciences and related fields. Work in progress with a preprint on EdArXiv, a manuscript in preparation, and an opinion column published in CIPER.

EDUCATION

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|-----------|---|
| 2018–2024 | PhD in Social Sciences , Loughborough University, United Kingdom
Thesis: <i>Paternalistic ageism in political speech: A rhetorical analysis of Chilean parliamentary debates on old age and older people</i> . Funded by ANID Becas Chile. |
| 2008–2015 | BA in Sociology and professional degree of Sociologist (Licenciado en Sociología y Sociólogo) , Pontificia Universidad Católica de Chile
Thesis: <i>Articuladores del discurso sobre la vejez en adultos mayores chilenos</i> (with C. Melián).
Matrícula de Honor 2008 and 2009, the annual distinction for the student with the highest marks in the cohort. |

ACADEMIC POSITIONS AND EXPERIENCE

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|--------------|---|
| 2026 to date | Postdoctoral researcher , Faculty of Social Sciences, Universidad de los Andes
FAI Postdoctoral project on digital inclusion in later life: quantitative analysis of the relationship between communication and social infrastructure and the wellbeing of older people in Chile, with a focus on rural contexts. |
| 2023 to date | Lecturer , Universidad de los Andes
School of Psychology and Bachelor's Programme in Psychology. |
| 2025–2026 | Researcher , ESE Business School, Universidad de los Andes |

Organisational structures, compensation and workplace wellbeing using administrative payroll data from Chilean firms: scaling of hierarchies, predictive models of turnover and salary reference frameworks.

- 2023–2024 **External lecturer**, School of Psychology, Universidad Adolfo Ibáñez
- 2018–2024 **Doctoral researcher**, Loughborough University
- 2015–2018 **Researcher**, Centre for Medical Education, Pontificia Universidad Católica de Chile
Psychometric validation of instruments with exploratory and confirmatory factor analysis in R; research on wellbeing, mental health and the quality of clinical teaching.
- 2017–2018 **Researcher in student integration, wellbeing and performance**, Office of Student Affairs, Pontificia Universidad Católica de Chile
Research design, questionnaire design and psychometric validation, analysis and reporting.
- 2016–2018 **Research assistant**, Universidad Alberto Hurtado
Discourse analysis of mental health actors regarding the implementation of the GES Depression policy.
- 2011–2013 **Research assistant**, Fondecyt No. 1100067, Pontificia Universidad Católica de Chile
Studies on Basic Concepts in Psychological Theorizing: Memory, Thinking, Emotion. Principal investigator: Andrés Haye.
- 2011–2013 **Research assistant in NGO governance**, ESE Business School, Universidad de los Andes
With Professor Alfredo Enrione.

PUBLICATIONS

My name in bold. In most of the articles where I appear as second author I designed and ran the analysis and wrote at least the first version of the manuscript. An asterisk marks the corresponding author. SJR quartile from SCImago 2025 in the journal's main category, taken at the year of consultation, not of publication. Google Scholar citations, August 2026, where available.

ARTICLES IN INDEXED JOURNALS 10

1. Haye, A., & **Torres-Sahli, M.** (2025). Laughter as ideological symptom: Dialogical analysis of older adults' discourse. *Frontiers in Psychology*, 16, 1606683. doi: 10.3389/fpsyg.2025.1606683 · SJR Q1 2025 (Psychology) · 2 citations
2. Oyeboode, O., **Torres-Sahli, M.**, Kapinga, D., Bruno-McClung, E., Willans, R., Shah, N., Wilbard, L., Banham, L., & Stewart-Brown, S. (2023). Swahili translation and validation of the Warwick Edinburgh Mental Wellbeing Scale (WEMWBS) in adolescents and adults taking part in the Girls' Education Challenge fund project in Tanzania. *Health and Quality of Life Outcomes*, 21(1), 43. doi: 10.1186/s12955-023-02119-9 · SJR Q1 2025 (Public Health) · 17 citations
3. Zúñiga, D., **Torres-Sahli, M.**, Rigotti, A., Pedrals, N., Echeverría, G., Padilla, O., Lagos, A., McColl, P., Trucco, O., Cisternas, M., González, C., Bogado, J., Moraga, A. M., Altamirano, P., Durán, E., Mansilla, M., Berríos, C., Epstein, R., & Bitran, M. (2022). Dispositional mindfulness reduces burnout and promotes flourishing in medical students: A two-wave latent change score model. *Mindfulness*, 13(1), 112–122. doi: 10.1007/s12671-021-01774-7 · SJR Q1 2025 (Applied Psychology) · 26 citations
4. Zúñiga, D., **Torres-Sahli, M.**, Nitsche, P., Echeverría, G., Pedrals, N., Grassi, B., Cisternas, M., Rigotti, A., & Bitran, M. (2021). Reduced burnout and higher mindfulness in medical students after a self-care program during the COVID-19 pandemic. *Revista Médica de Chile*, 149(6), 846–855. doi: 10.4067/s0034-98872021000600846 · SJR Q4 2025 (Medicine) · 48 citations
5. Santini, Z. I., **Torres-Sahli, M.**, Hinrichsen, C., Meilstrup, C., Madsen, K. R., Rayce, S. B., Baker, M. M., Ten Have, M., Schotanus-Dijkstra, M., & Koushede, V. (2020). Measuring positive mental health and flourishing in Denmark: Validation of the Mental Health Continuum-Short Form (MHC-SF) and cross-cultural comparison across three countries. *Health and Quality of Life Outcomes*, 18(1), 1–15. doi: 10.1186/s12955-020-01546-2 · SJR Q1 2025 (Public Health) · 72 citations

6. Koushede, V., Lasgaard, M., Hinrichsen, C., Meilstrup, C., Nielsen, L., Rayce, S. B., **Torres-Sahli, M.**, Gudmundsdottir, D. G., Stewart-Brown, S., & Santini, Z. I. (2019). Measuring mental well-being in Denmark: Validation of the original and short version of the Warwick-Edinburgh Mental Well-being Scale (WEMWBS and SWEMWBS) and cross-cultural comparison across four European settings. *Psychiatry Research*, 271, 502–509. doi: [10.1016/j.psychres.2018.12.003](https://doi.org/10.1016/j.psychres.2018.12.003) · SJR Q1 2025 (Psychiatry and Mental Health) · 278 citations
7. Bitran, M., **Torres-Sahli, M.**, & Padilla, O. (2018). Validación de un cuestionario en castellano basado en el Modelo de Stanford para evaluar docentes clínicos [Validation of a Spanish-language questionnaire based on the Stanford model for evaluating clinical teachers]. *Investigación en Educación Médica*, 7(27), 14–24. doi: [10.1016/j.riem.2017.06.003](https://doi.org/10.1016/j.riem.2017.06.003) · SJR Q4 2025 (Education)
8. Haye, A., Herraz, P., Cáceres, E., Morales, R., **Torres-Sahli, M.**, & Villarroel, N. (2018). Tiempo y memoria: Sobre la mediación narrativa de la subjetividad histórica [Time and memory: On the narrative mediation of historical subjectivity]. *Revista de Estudios Sociales*, 65, 22–35. doi: [10.7440/res65.2018.03](https://doi.org/10.7440/res65.2018.03) · SJR Q2 2025 (Social Sciences) · 39 citations
9. Echeverría, G., **Torres-Sahli, M.**, Pedrals, N., Padilla, O., Rigotti, A., & Bitran, M. (2017). Validation of a Spanish version of the Mental Health Continuum-Short Form questionnaire. *Psicothema*, 29(1), 96–102. doi: [10.7334/psicothema2016.3](https://doi.org/10.7334/psicothema2016.3) · SJR Q1 2025 (Psychology) · 100 citations
10. Haye, A., & **Torres-Sahli, M.** (2017). To feel is to know relations: James' concept of stream of thought and contemporary studies on procedural knowledge. *New Ideas in Psychology*, 46, 1–8. doi: [10.1016/j.newideapsych.2017.02.001](https://doi.org/10.1016/j.newideapsych.2017.02.001) · SJR Q1 2025 (Psychology) · 13 citations

PREPRINTS 2

1. **Torres-Sahli, M.***, Blake, J., Novoa-Echaurren, Á., & Pavez, I. (2026). Refrain, then amplify: A curriculum framework for sequencing generative AI to form professional judgement. *EdArXiv*.
2. Bermejo-Martins, E., **Torres-Sahli, M.**, Madsen, K. R., Tabs-Damgraa, M., Nielsen, L., Meilstrup, C., Toftager, M., & Santini, Z. I. (2023). Gender and socio-economic status as moderators in the associations between social support sources and adolescents' mental and behavioral health indicators. *medRxiv*. doi: [10.1101/2023.08.31.23294835](https://doi.org/10.1101/2023.08.31.23294835)

WORKING PAPERS 1

1. Aldunate, F., Enrione, A., Girardi, J., Opazo, C., **Torres-Sahli, M.***, & Truffa, S. (2026). Hierarchies: New facts from administrative HR data. Working paper, August 2026, presented at EARIE 2026. manueltorressahli.com/papers/hierarchies

ARTICLES UNDER REVIEW 2

1. **Torres-Sahli, M.***, & Tileagă, C. Epideictic ageism: Political rhetoric and economies of worth in parliamentary debates on older age. *Journal of Aging Studies*. Under peer review.
2. Bustamante Loyola, J., **Torres-Sahli, M.***, Morgues Nudman, M., Simó Teufel, S., Pérez Retamal, M., & Guedeney, A. C. Sustained social withdrawal across the first year in preterm infants: Longitudinal trajectories and neonatal follow-up. Under peer review.

IN ADVANCED PREPARATION 2

1. **Torres-Sahli, M.** Answerability, not meaning-making: A discipline for GenAI-assisted reflexive analysis. In preparation.
2. **Torres-Sahli, M.**, Cerda, F.*, & Pavez, I. Forced technology adoption among older adults: A typology of responses. In preparation.

PROJECTS AND FUNDING

2026 to date	Postdoctoral Research Support Fund (FAI) , Research Directorate, Universidad de los Andes Principal investigator. Awarded in 2025. <i>Context Matters: Linking Meso-Level Digital Infrastructure and Social Resources to Older Adults' Wellbeing</i> .
2019–2024	Overseas Doctoral Scholarship, Becas Chile , Agencia Nacional de Investigación y

TEACHING

- 2023 to date **Universidad de los Andes**
Social Psychology, Bachelor's Programme in Psychology. Community Social Psychology and Design of Psychosocial Interventions, School of Psychology. Active methodologies, integrating Latin American and Anglo-Saxon perspectives and work on contemporary issues.
- 2023–2024 **Universidad Adolfo Ibáñez**
Quantitative Research Methods I, and Survey and Psychological Test Design, School of Psychology. Descriptive statistics and data analysis in R, methodological design and psychometric foundations.
- 2010–2016 **Pontificia Universidad Católica de Chile**
Teaching assistant, Schools of Psychology and Sociology: eight courses in sociology, psychosocial theories and qualitative and quantitative methodology.

PUBLIC AND PROFESSIONAL ENGAGEMENT AND TRANSFER

OUTREACH AND TRAINING OF PROFESSIONAL AUDIENCES

- July 2026 **Opinion column**, CIPER Chile
No basta con enseñar IA en la universidad: hay que decidir cuándo usarla [Teaching AI at university is not enough: we must decide when to use it].
- March to July 2026 **Training for clinical teams**, Clínica Alemana de Santiago
I designed and delivered three sessions of the *IA con criterio* (AI with judgement) workshop for the neurodevelopment, psychiatry and psychology, and respiratory teams, with my own support material on the use of artificial intelligence in clinical work and research, protection of patient data and verification of results.

TRANSFER AND CONSULTANCY

- 2023 **Management and leadership assessment**, Instituto de Seguridad del Trabajo
I developed, implemented and analysed a 360-degree assessment of management skills and leadership profiles in an international company with operations in Chile.
- 2015–2018 **Programa Almacenes de Chile (national training programme for grocery shopkeepers)**, ORT Chile
I led research strands for the curriculum design of the national training programme for grocery shopkeepers, commissioned by the Ministry of Economy, Development and Tourism and delivered with Sercotec and bottling-company partners. ORT Chile reports more than 30,000 cumulative beneficiaries since 2016.

CONFERENCE PRESENTATIONS

- 26–28 August 2026 **EARIE 2026**, European Association for Research in Industrial Economics, University of Mannheim, Germany
Aldunate, F., Enrione, A., Girardi, J., Opazo, C., **Torres-Sahli, M.***, & Truffa, S. *Hierarchies: New Facts from Administrative HR Data*, with preliminary results from the event studies. Accepted paper; authors in alphabetical order; corresponding author: **M. Torres-Sahli**. Presented by F. Aldunate. Working paper: manueltorressahli.com/papers/hierarchies.

- 2021 **SSM Annual Scientific Meeting**, Society for Social Medicine and Population Health
Banham, L., Bruno-McClung, E., Kapinga, D., Oyeboade, O., Stewart-Brown, S., **Torres-Sahli, M.**,
Wilbard, L., & Willans, R. *Translation and validation of the Swahili Warwick Edinburgh Mental
Wellbeing Scale (WEMWBS) and distribution of mental wellbeing in adolescents and adults taking
part in the Girls' Education Challenge project in Tanzania* (poster P66). *Journal of Epidemiology and
Community Health*, 75, A72.
- 2019 **International Society for Theoretical Psychology**, Copenhagen, Denmark
Torres-Sahli, M., & Villarroel Guerra, N. *Everyday ageism as a rhetorical habit: The negation of
ageing through laughter, and pitying older persons for political purposes.*
- 2018 **AMEE 2018**, Association for Medical Education in Europe, Basel, Switzerland
Bitran, M., **Torres-Sahli, M.**, Echeverría, G., Zúñiga, D., Pedrals, N., & Rigotti, A. *Dispositional
mindfulness: A protective factor for burnout in medical students.* Abstract Book, p. 780.
- 2013 **International Society for Theoretical Psychology**, Santiago, Chile
Torres-Sahli, M. *Psychology of will: Intelligent activity on the struggles of impulses.*

ACADEMIC SERVICE

- 2026 **Manuscript review**, Mental Health & Prevention
- 2025 **Manuscript review**, Medical Education

METHODOLOGICAL AND TECHNICAL SKILLS

Measurement and psychometrics

Instrument design and validation, exploratory and confirmatory factor analysis, measurement invariance, latent change models.

Quantitative modelling

Structural equation models, multilevel and weighted multilevel models, within- and between-subject panel data, event studies, estimation with complex sample design, multiple imputation, penalised regression, compositional analysis, spatial analysis.

Qualitative and interpretive methods

Rhetorical and discourse analysis, dialogical analysis, grounded theory and thematic analysis.

AI-assisted research

I design and operate an in-house AI-assisted research infrastructure, with agents that review and cross-check the work independently under the authors' direction. I apply it to my manuscripts and to literature reviews.

Tools

R, Python, Mplus, NVivo.

LANGUAGES

Spanish, native. English, academic level; PhD completed in the United Kingdom.

NON-ACADEMIC PROFESSIONAL EXPERIENCE

- 2023–2024 **Director of Healthcare Studies**, Provokers Chile
End-to-end direction of healthcare market research, from design and sales through delivery and presentation of results. Quantitative and qualitative methodologies, client management and team leadership.

2015–2018

Researcher and developer of educational content, ORT Chile

Design, coordination and analysis of mixed-methods research to identify the knowledge, skills and training needs of the target population, and development of large-scale e-learning programmes for workers and professionals.